The Bon Viveur

Dance for 4 couples in a square set 2x32 bar Strathspey + 2x32 bar Reel

This dance is danced through 2 times in Strathspey time, followed by 2 times in Reel time.

1-8 All circle eight hands round and back.
9-16 1st and 3rd couples dance a men's chain.
17-28 All dance 12 bars of Schiehallion Reels:
- 17-18: Men dance across the set to the position of the lady on their right, passing left shoulders in the middle, while women cast into their partner's place.
- 19-20: Women dance across the set to the position of the woman on their right (currently being occupied by a man), passing left shoulders in the middle, while men cast into the man's place.
- 21-28: Repeat bars 17-20 twice more, finishing one place clockwise from original position.

29-32 All birl (or turn) partners by the right hand.

Finish in the order 4,1,2,3 ready to start again.

Written for Stewart Adam in recognition of his award of the RSCDS Scroll of Honour at the AGM in Perth in November 2015 and first danced at the Edinburgh Branch Christmas Party in December. Stewart has been a long-term fixture on the dance scene in Edinburgh, starting with Edinburgh University New Scotland Country Dance Society in the 1960s, then being one of the members founding Dunedin Dancers and also dancing with RSCDS Edinburgh Branch. During his time he has served on the committees of New Scotland, Dunedin, RSCDS Edinburgh Branch and the RSCDS itself, including as Chairman of RSCDS Edinburgh Branch, Dunedin and the RSCDS.

When there is work to be done, Stewart can always be found in the thick of it – often directing. On the dance floor, he can be seen dancing with many different partners (though he always ends up going home with his wife Chris). And once business is done, he can usually be found near the bar in a jovial group – a true bon viveur.

Tunes: Strathspey: Captain Campbell *(Traditional)*
Reel: Wing Commander Donald Mackenzie's *(Phil Cunningham)*
Alternatively, any recording for Schiehallion can be used

(cc) Ian and Caroline Brockbank, December 2015